

**WELLNESS AND FITNESS CENTER  
FACILITY HOURS  
WINTER 2008  
January 7 – April 29**

**FITNESS CENTER**

**(Orientation required prior to first visit)**

Monday – Thursday	6:00 AM – 8:00 PM
Friday	6:00 AM – 6:00 PM
Saturday	9:00 AM – 3:00 PM
Sunday	12:00 PM – 3:00 PM

**FREE-WEIGHT ROOM (Lower Level)**

Monday – Thursday	6:30 AM – 8:00 PM
Friday	6:30 AM – 6:00 PM
Saturday	9:00 AM – 3:00 PM
Sunday	12:00 PM – 3:00 PM

**GYMNASIUM**

***CLOSED***

**POOL**

***Faculty, Students, and Staff Swim***

Monday – Friday	11:45 AM – 1:45 PM
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***Community Swim (\$2.00 per swimmer)***

***(Begins Friday January 18th)***

Fridays	6:00 PM – 9:00 PM
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- Hours may change during breaks and holidays.
- Current KVCC ID card is required for entry.
- Please call 488-4184 (WFC) or 488-4396 (Gym Facility) for information.