

Health Care Navigator™ Program Your Chronic Disease Management Partner

Brought to you by American Health Data Institute and ASR Health Benefits

The American Health Data Institute is excited to be your chronic disease management partner!

Our program covers 27 chronic conditions like asthma, diabetes, high blood pressure, high cholesterol, and coronary artery disease. If you or a family member have been diagnosed with a chronic illness you are automatically enrolled in the Health Care Navigator™ program. Our Healthcare Navigator™ Nurses and Health Coaches are here to work with you to make sure you're receiving the care you need to manage your condition and live a healthier lifestyle!

How Does the Program Work?

- STEP 1 If you have a qualifying chronic condition you will receive an introductory letter inviting you to partner with one of our Health Care Navigator™ Nurses or Health Coaches.
- STEP 2 Following the introductory letter, one of the Healthcare Navigator™ Nurses or Health Coaches will reach out to you.
- STEP 3 You and the Health Care Navigator™ Nurse or Health Coach will discuss your healthcare needs and co-design a personalized service plan. The Health Care Navigator™ Nurse or Health Coach is there as your partner to help you self-manage your chronic condition.

AHDI and ASR are committed to protecting your personal health information! We are required by law to keep all health information that identifies you private. We will not use or disclose your personal health information other than as permitted or required by the HIPAA Privacy Rule, Security Rule, and HITECH Amendment or by any applicable state law.

It's Easy!

Start Now and Take Control of Your Health!

CONTACT A HEALTH COACH TODAY TO:

- Receive support in managing your chronic condition
- Access medical information about your condition
- Make sure you are following the recommended care for your illness(s)

Call 1.800.352.5071 Or email your questions to: CDM@ahdi.com

