

OTC Medications available for **\$0 COPAY**

How to Use the OTC Program:

1. If you are currently using a prescription Anti-Ulcer or Allergy medication, talk to your physician about using an Over-the-counter (OTC) treatment.
2. If your physician believes an OTC treatment is right for you, ask them to write a prescription for the OTC medication. (OTC must be written on the script).
3. Present that prescription to the pharmacist.
4. The pharmacist will bill the prescription to EHIM.
5. **You will receive the OTC product for a \$0 copay!**

You can receive certain Over-the-counter (OTC) medications for a **\$0** copay. Your prescription drug program through EHIM provides coverage for certain OTC Anti-Ulcer and Allergy medications. These OTC medications are considered to be therapeutically equivalent to those medications available by prescription only.

To help reduce some of your current out of pocket costs, you may want to consider utilizing a medication available through the OTC program instead of your prescription medication.

Anti-Ulcer (Acid-Reflux) Medications

If you take:

- Dexilant
- Nexium

You are currently paying:

PPO:\$60 / HSA:\$40 after deductible Copay

If you change to:

- Axid (nizatidine)
- Pepcid AC & Complete (famotidine)
- Prevacid OTC (lansoprazole)
- Prilosec OTC (omeprazole OTC)
- Tagamet (cimetidine)
- Zantac (ranitidine)
- Zegerid OTC (omeprazole/sodium bicarbonate)

You would pay:

\$0 Copay

Allergy Medications

If you take:

- Flonase Nasal Inhaler
- Nasacort AQ
- Nasonex Nasal Inhaler
- Rhinocort Aqua Nasal Inhaler
- Veramyst Nasal Inhaler
- Xyzal

You are currently paying:

PPO:\$60 / HSA:\$40 after deductible Copay

If you change to:

- Alavert (loratadine)
- Alavert-D (loratadine-D)
- Allegra (fexofenadine)
- Allegra-D (fexofenadine-D)
- Benadryl (diphenhydramine)
- Claritin (loratadine)
- Claritin-D (loratadine-D)
- Nasacort Allergy 24 HR
- Zyrtec (cetirizine)
- Zyrtec-D (cetirizine-D)

You would pay:

\$0 Copay

