

PRE-SERVICE CANDIDATE INFORMATION

The Kalamazoo Law Enforcement Training Center Police Academy is a 16-week program. Costs and fees must be paid in full prior to the start of the Police Academy. See attached cost and fee sheet. Application to the Police Academy is a competitive process. Only the most qualified applicants will receive enrollment authorization. If you are a newly hired city, county or township officer, please contact the Training Center for additional instructions for in-service enrollment.

The Michigan Commission on Law Enforcement Standards (MCOLES) has approved this regional police training academy to enroll pre-service and in-service candidates.

Upon successful completion of the **entire** academy block of instruction, 34 credit hours are granted. Failure to successfully complete any phase of the academy results in no credits being granted. Candidates must qualify for a degree upon completion of the Academy.

Upon completion of the police academy you are eligible to take the Michigan Commission on Law Enforcement Standards Licensing Exam. Completion of this program does not guarantee your employment as a police officer. Completion of this program and passing the Commission Licensing Examination enables you to state to a prospective law enforcement employer that you have fulfilled the mandatory training requirements.

Licensing as a law enforcement officer is not automatic upon graduation and passing the State Examination. A letter must be directed to MCOLES, Standards and Training Section requesting licensing when the agency swears the applicant in as a regularly employed, fully empowered law enforcement officer.

The Kalamazoo Law Enforcement Training Center Police Academy is a tobacco free environment.

The para-military nature of police work is emphasized throughout the basic training phase. Military bearing, demeanor, and courtesies shall be practiced at all times.

Candidates will be given information on rules and regulations, uniform ordering and scheduling. The normal class day is 6:00am to 6:00pm but is subject to change without notice. Some training will occur on weekends. A schedule of training will be provided at the start of the Academy.

It is highly recommended that you plan on the academy being your full time responsibility. Working or other activities are not conducive to successful completion of the academy.

Physical Fitness is a major component of the Basic Training Academy. Passing the MCOLES Physical Skills Pre-Enrollment test only indicates the minimum physical abilities required to undertake academy training. Once in the academy, recruits are required to perform at very high physical levels. The physical training in the academy includes flexibility and strength training, endurance runs, callisthenic exercises, and self-defense. It is a fact that candidates who enter the basic training academy in excellent physical conditioning are less prone to injuries that can result in removal from the academy

False, misleading, or incomplete information will be grounds for termination from the application process or dismissal from the Academy

The minimum performance standards for the MCOLES physical fitness test are displayed below. The numbers in the tables represent the “cut score”, or pass/fail point for each event. In order to pass the test, candidates must score at least the minimums listed in the tables on **each** of the four events.

Note how the tables are divided according to age and gender. When looking at the tables, be careful to select your individual performance category.

Applicants to the Police Academy must be able to meet the following entrance level Physical Fitness standards on the first day of the Academy:

MALES

Age	Vertical Jump	Sit-Ups	Push-Ups	Shuttle Run
18-29	17.5	32	30	4:29.6
30-39	16.0	30	30	4:38.2
40+	15.0	30	28	4:54.7

FEMALES

Age	Vertical Jump	Sit-Ups	Push-Ups	Shuttle Run
18-29	11.0	28	7	5:35.4
30-39	9.0	19	7	5:59.1
40+	8.0	18	7	6:13.3

During academy training, all cadets must complete the MCOLES physical fitness and health/wellness programs in order to graduate from training. Progress through these programs is monitored through periodic fitness testing. The ultimate purpose of the training is to establish a positive attitude of lifelong health and wellness.

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“FIT FOR DUTY – FIT FOR LIFE”

Cadets are **required** to pass the MCOLES physical fitness exit test. The exit test consists of the same four events as the pre-enrollment test – vertical jump, sit-ups, push-ups, and ½ mile shuttle run – but performance standards are set at a higher level. **Passing this test is a requirement for graduation from the academy.**

The performance standards for the MCOLES physical fitness **exit** test are displayed below. The numbers in the tables represent the “cut score”, or pass/fail point, for each event. Cadets must perform at a level that is **no less** than what is listed in the tables.

Note how the tables are divided according to age and gender. When looking at the tables, be careful to select your individual performance category.

MALES

Age	Vertical Jump	Sit-Ups	Push-Ups	Shuttle Run
18-29	19.0	36	37	4:11.8
30-39	17.5	34	37	4:18.2
40+	16.5	34	35	4:27.8

FEMALES

Age	Vertical Jump	Sit-Ups	Push-Ups	Shuttle Run
18-29	12.0	32	12	5:02.6
30-39	10.0	23	12	5:19.0
40+	9.0	20	11	5:25.5

Cadets will undergo several hours of water safety and swimming instruction.

Police Officers are required to fill out many forms, logs, and reports. Cadets must write legibly and clearly and have a good working knowledge of English grammar, sentence structure, vocabulary, and spelling. You must be concise, descriptive and thorough in all written documents.

Police Officers constantly communicate with members of the community. Cadets must possess excellent communication and interpersonal skills to interact with the public on a daily basis.

Police Officers must be able to work under a great deal of pressure, yet still maintain a clear head and a positive attitude and work ethic.

Police Officers deal with a wide variety of people. You must be open-minded, fair, unbiased and sensitive to deal with people of diverse backgrounds, cultures and life-styles.

Police Officers may work any hour of the day, all days of the week, including holidays. Schedules are subject to change. Officers must be adaptable and willing to adjust to frequent compulsory changes in work shifts, work locations, and other factors.

Police Officers are symbols of stability and trust and must always behave ethically and resolve moral conflicts appropriately.

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