

GIRLS VOLLEYBALL SUMMER CAMP 2020

KVCC Volleyball Summer Camp Opportunities

This summer the Cougar volleyball program will be offering a wide array of volleyball instruction as we host all-skills camps, as well as individual skill development opportunities. All camp sessions will be run by head volleyball coach, Jennifer Buikema.

Campers should expect to work hard, learn new techniques and strategies, and be pushed beyond their potential all while enjoying the game of volleyball. Cougar volleyball takes pride in helping to develop Kalamazoo area volleyball players to have a "can do" attitude while eliminating the word "can't" from their vocabulary!

All camps will help to enhance individual skills by using repetition to teach basic fundamentals. Campers will also learn to encourage others, work on building their own self-confidence, and develop an aggressiveness toward playing each ball that will help prepare them for their school seasons next fall.

Registration opens **February 1, 2020**

CAMP DATES

GIRLS VOLLEYBALL CAMP
MONDAY **JUNE 22** – THURSDAY **JUNE 25**, 2020

FOR GIRLS ENTERING GRADES: 6-8 | 9 A.M. - 12 P.M.

FOR GIRLS ENTERING GRADES: 9-12 | 1 P.M. - 4 P.M.



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Kalamazoo**VALLEY**TM
community college

6767 West O Avenue
Kalamazoo MI, 49003

269.488.4780
kvcccougars.com

A TRULY UNIQUE CAMP EXPERIENCE

CAMP DATES
MONDAY, JUNE 22 –
THURSDAY, JUNE 25, 2020

ALL SKILLS CAMP TIMES:

For girls entering
6-8th Grade:
9 a.m. – 12 p.m.

For girls entering
9-12th Grade:
1 – 4 p.m.

Online Registration
Deadline: June 15, 2020

ALL SKILLS CAMP

Campers will register for this camp according to the grade they will be entering after summer. This session will be focused around developing all volleyball skills including:

- UNDERHAND AND OVERHAND PASSING
- HITTING AND BLOCKING
- SERVING AND SERVE RECEIVE
- DEFENSE

Repetition of skills will be provided while offering the ability to build on more complex training as the camp nears the finish.

TUITION

For payment and registration that is received on or *before* May 25, 2020, the cost will be \$110.

For payments received *after* May 25, 2020, the cost will be \$135.

Final registration deadline for volleyball camp is Monday, June 15, 2020.

Register and pay online at: athletics.kvcc.edu/camps

WHAT TO BRING

All campers should arrive dressed to play each day in gym shoes, socks, shorts, knee pads, and jersey or t-shirt. A thermos of cold water is strongly recommended. Please be sure it has camper's first and last name on it.

PLAYING FACILITIES AND COACHING STAFF

Camp will be conducted in the main gym and in the auxiliary gym. Jennifer Buikema, Kalamazoo Valley's Head Women's Volleyball Coach, will direct the camp and will be assisted by highly qualified coaching staff.

ARRIVAL & DEPARTURE TIMES

Check in begins at 8:30 a.m., Monday June 22 or 12:30 p.m., based on age camp.

Camp ends at 12 p.m. or 4 p.m. each day, based on age camp.

CANCELLATIONS & REFUNDS

Campers may cancel or request a refund (less a \$25 administrative fee) up to seven days before their camp begins. No refunds will be given after this deadline.

*Personal belongings should be taken home daily. Kalamazoo Valley is not responsible for lost or stolen items.

MORE INFORMATION

For more information, please call at **269.488.4799** or Email: athletics@kvcc.edu.
Visit us online at kvcccougars.com

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