

Vegetables	
Diced Tomatoes	Peas
Green Beans	Vegetable Blend
Corn	Instant Potatoes
Fruit	
Pears	Mandarin Oranges
Peaches	Pineapple
Protein/Beans	
Chicken	Assorted Beans
Tuna	Manwich
Shelf Stable Boxed Milk	
Soup/Meals	
Assorted Varieties	Preferred: High Protein Options
Canned Broth/Stock	Velveeta Shells and Cheese
Sauces	
Tomato Sauce	Alfredo Sauce
Curry or Simmer Sauce	Syrup
Dry Goods/Grains	
Rice	Pancake Mix
Pasta	Gravy Packets
Salt and Pepper	Cereal
Seasoning Mixes/Spice Packets	Oatmeal
Cooking Oil or Crisco	
Tools/Other	
Can Opener	Foil
Reusable Bags	
Bulk Snack Items	
Granola Bars	Protein Bars
Chips	Slim Jims